



Come Learn to Row – SUMMER CAMP

Want to get in shape? Want to make friends? Want to have fun?

Dates: June 21st - July 30th (6 Weeks)

About GAR

Gainesville Area Rowing Association provides an opportunity for young men and women to participate in the great sport of rowing (crew). GAR is one of Florida's fastest growing high school rowing programs and has produced champion boat crews at both the state and national levels.

Program Highlights

Located on Newnan’s Lake in Gainesville, the GAR 2010 Summer Rowing Program has something for everyone. This program is open to all students in every school zone. Whether you are new to rowing or a seasoned veteran, you can learn new skills or polish existing ones.

The six week program includes:

- Experienced Coaches
- 3 Sessions per week on the water
- A 2010 Summer Program T-Shirt
- An organized race at the end of the program

Program Schedule

Gainesville Area Rowing is proud to announce our first annual summer rowing program. This program is broken into three categories, all of which run the full 6 weeks.

- **Novice Youth:**
 - Upcoming 6th graders through 12th graders that have never rowed before.
 - Monday, Wednesday, Friday – 4:30-6:30pm
- **Experienced Middle School:**
 - Upcoming 6th through 8th graders.
 - Monday, Wednesday, Friday – 4:30-6:30pm
- **Experienced High School:**
 - Upcoming 9th through 12th graders.
 - Tuesday, Wednesday, Thursday – 4:30-6:30pm

Location:

*Newnans Lake Rowing Facility
7300 E University Ave
Gainesville, FL 32641*

**For directions to the GAR Boathouse and more information on our Learn to Row Camp visit www.gainesvillearearowing.com

Register: to register please fill out the form below, detach, and mail with payment to Jen Figueroa at 1072 NW 50th Drive Gainesville, FL 32605. For questions regarding the camp please contact Jen at murphymurphy@hotmail.com.

Name: _____ Age: _____ T-shirt size: _____ (S, M, L, or XL)

Address: _____

Program Registering for: Youth Novice Experienced Middle School Experienced High School

Phone: _____ Email: _____

Price: All three programs are **\$200** for the full 6 week camp, including T-Shirt. Checks can be made payable to GAR and GAR will verify receipt of this application with a phone call prior to the camp starting