



# Come Learn to Row – YOUTH SUMMER CAMP

Want to get in shape? Want to make friends? Want to have fun?

**Dates: June 21<sup>st</sup> - July 16<sup>th</sup> (4 Week Long Sessions)**

## About GAR

Gainesville Area Rowing Association provides an opportunity for young men and women to participate in the great sport of rowing (crew). GAR is one of Florida's fastest growing high school and middle school rowing programs and has produced champion boat crews at both the state and national levels.

## Program Highlights

Located on Newnan's Lake in Gainesville, the GAR 2010 Youth Summer Rowing Program has something for everyone. This program is open to all students in every school zone who have no to little rowing experience!

### **The four week program includes:**

- Experienced Coaches
- Land and Water instruction
- A 2010 Summer Program T-Shirt
- Lots of rowing and even some racing!

## Program Schedule

Gainesville Area Rowing is proud to announce our first annual summer rowing program. This program is broken into four sessions, with each session running one week. Your rower can participate in as many sessions as they wish, with many kids taking part all four sessions!

### **Camp runs from 4:30pm until 6:30pm!**

- **Session I : June 21<sup>st</sup> – June 25<sup>th</sup>**
- **Session II: June 28<sup>th</sup> – July 2<sup>nd</sup>**
- **Session III: July 5<sup>th</sup> - July 9<sup>th</sup>**
- **Session IV: July 12<sup>th</sup> – July 16<sup>th</sup>**

## Location:

*Newnans Lake Rowing Facility  
7300 E University Ave  
Gainesville, FL 32641*

\*\*For directions to the GAR Boathouse and more information on our Learn to Row Camp visit [www.gainesvillearearowing.com](http://www.gainesvillearearowing.com)

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**Register:** to register please fill out the form below, detach, and mail with payment to Jen Figueroa at 1072 NW 50th Drive Gainesville, FL 32605. For questions regarding the camp please contact Jen at [murphymurphy@hotmail.com](mailto:murphymurphy@hotmail.com).

Name: \_\_\_\_\_ Age: \_\_\_\_\_ T-shirt size: \_\_\_\_\_ (S, M, L, or XL)

Address: \_\_\_\_\_

Session Registering for:  Session I  Session II  Session III  Session IV

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Price:** Each session costs \$80 to cover equipment usage, coaching fees and includes t-shirt. Checks can be made payable to Gainesville Area Rowing.